

THE BEDFORD BANNER

July/August 2008

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Farmers' Market Comes to Bedford

By Barbara Purchia



Bedford residents are enjoying a new experience; a farmers' market right in their own backyard. The Bedford Farmers' Market is open Mondays (rain or shine) from 2:00pm to 6:30pm and located at Depot Park behind the Bikeway Source, which makes it very convenient for cars bikes, and pedestrians. It will continue weekly until October 20. The Bedford Farmers' Market consists of over 15 produce, fish, and meats, baked goods, and specialty food vendors. Each week there is an Artisan Table for local artisans to showcase and promote their work and a Community Table, sponsored by Millipore, where local non-profit organizations can share information about their organization with market shoppers in a fun and relaxed atmosphere. There is also wonderful entertainment from local performers. Market information is at the Manager's Table, which is sponsored by the Carlton-Willard Residents Association.

One of the main goals of the Bedford Farmers' Market is to provide a family-friendly, community gathering

place for residents and neighboring towns to purchase the freshest local foods available and enhance the quality of life in Bedford. Each week has been a celebration of local taste and community. People are chatting with neighbors and friends, meeting the people who produced the food we're going to eat; children are having fun, watching Jeb Brack the magician, listening to music, and enjoying the fresh food, especially the fudge and fresh-squeezed lemonade. Customers and vendors alike have commented on the friendly, helpful, and happy environment. There are lots of smiling people everywhere you look. And the social experience extends beyond the market. People are talking about the vendors and their products, exchanging recipe ideas, and talking about who they met at the market. One can learn about the different varieties of lettuce, Swiss chard, and kale and different approaches to preparing various vegetables and learn about the importance of buying local and buying fresh.

The Bedford Farmers' Market started with a core group of vendors

who come either weekly, every other week, or monthly and, as word has spread, other weekly vendors were added. There are fruits and vegetables from F. Busa Farms and Battle Road Farm Stand, ButterBrook Organic Farm, Chip-In Farm, Kimball Fruit Farm, and Old Forge Farm, baked goods from The Biscuit and The SwissBaker. The market also has Globe Fish and grass-fed and pastured meat from Stillman's at the Turkey Farm and an incredible variety of specialty foods from Deborah's Kitchen, Ooh La La Fudge Company, In Good Taste, T.T. Buds Popcorn, The Greenest Bean, Sassy Sauces, Thoreau Foods, and Stuffies Pastries. GlassHowes, a local Bedford business, is a monthly vendor which showcases stained glass artwork.

The Bedford Farmers' Market is a community based non-profit that is organized and run completely by volunteers. In addition to the vendors, artisans, community table, and entertainment, there is a collection bin for the Bedford Food Pantry. For more information visit www.bedfordmarket.org

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Carleton-Willard Homes Sponsors “Wheels of Life” Medical Transportation Program

By Carolyn Bottum

Bedford seniors who might otherwise go without health care are riding to medical appointments in taxis thanks to the “Wheels of Life” Program sponsored for the ninth year by a donation from Carleton-Willard Homes’ Outreach Fund. Through the Program, those who need a ride may call the Council on Aging at least three days ahead to request a free ride to a medical appointment. The COA will then arrange for a “Wheels of Life” – funded taxi ride or a volunteer “Friendly Driver.”

“We are excited about this continuing relationship with the Council on Aging which shares our mission of serving elders while keeping them at the highest level of independence,” said Barbara Doyle, Chief Executive Officer, Carleton-Willard Homes.

“This generous support of our medical transportation program is genuinely life-saving for many of our town’s most vulnerable residents. Without it they could not get to their appointments or receive the care they need to stay independently in our community,” said Pat LeVan, Council on Aging Co-Director. In the past, rides have been used to transport elders to chemotherapy, dialysis, and other essential treatments as well as routine doctor’s appointments.

All those who reside in Bedford, are 65 or over, and can get into and out of vehicles unassisted are eligible for the “Wheels of Life.” Rides are available for doctor visits, treatments, screenings, support groups and emotional health appointments, rehabilitation, and other health-related needs.

For more information or to request a ride, call the Council on Aging at 781-275-6825.

CHAMBER CALENDAR



August 14 7:30 a.m.	Chamber of Commerce Directors Meeting <i>Bedford Police Station</i>
September 11 7:30 a.m.	Chamber of Commerce Directors Meeting <i>Bedford Police Station</i>
September 18 12 noon	Working Women’s Alliance <i>Town Center</i>
September 20 12 noon	Bedford Day <i>Town Center</i>
November 2 4-6 pm	Flavors of Bedford <i>Doubletree Bedford Glen Hotel</i>



Barbara Doyle, Chief Executive Officer of Carleton-Willard Homes, presents a check to support the “Wheels of Life” program to Roberta Ennis, Chair of the Bedford Council on Aging.

BEDFORD DAY September 20, 2008



Bedford Day will be held on Saturday, **September 20, 2008**. The fairgrounds in and around the center of town will feature booths offering information, games, raffles, treats and wares from local non-profits, schools, organizations, town committees and contributing businesses. This is a great opportunity to connect with the residents of Bedford. Applications can be found at www.bedfordrecreation.org. The deadline for applications is August 11, 2008.



**Sponsorships
Now Available!**

*November 2, 2008
4:00 - 6:00 pm
Doubletree Bedford Glen Hotel*

**2008 Committed
Sponsors**

as of 7/31/08

- Brown & Brown P.C.
- Doubletree Bedford Glen
- Advanced Media Webs
- Bedford Florist
- Edward Jones Investments
- Carlton & Duran CPAs
- Sovereign Bank
- Great Road Gallery & Framing
- Hanscom Federal Credit Union
- Middlesex Bank

Committed Restaurants

as of 7/31/08

- Bedford Glen's Bistro 44
- Dalya's
- Max Stein's
- Naked Fish
- Café Luigi
- Carriage House Café
- Lester's Roadside Bar-B-Q
- Bedford Farms
- Trader Joe's
- Brueggers
- Starbucks
- Asiano Bistro
- Verrill Farm
- Summer Winter & Whole Foods Market



**Welcome to
New Members**

Affinity Hospice of Life
14 Crosby Drive
Bedford, MA 01730
781-275-1184
www.affinityhospice.com

Essential Skin Care

Laura Rossi
428 North Road
Bedford, MA 01730
781-275-2600

CouponSurfer.com

1 DeAngelo Drive
Bedsford, MA 01730
781-687-9616
www.couponsurfer.com

Membership Renewals

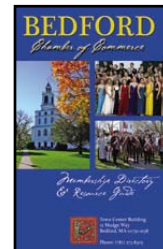
- Bedford Farms
- Design Photo
- Edith Nourse Veterans Hospital
- Millipore
- Shoemaker, Inc.
- Summit Health & Fitness



Chamber member Chistine Pinney in the news.

**Chamber Publishes Its
First Membership
Directory**

The Bedford Chamber of Commerce in conjunction with Chamber Publishing Group has published its first membership directory. Copies were sent to all Chamber members, and new home owners. The directory will also be available at the Bedford Town Hall and the Chamber Office. There is a link for the online directory on the Chambers' web page, www.bedfordchamber.org



**Welcome Bags Bring in
New Business**

The Welcome to Bedford Business and Home Bags have already proven to be good investment for several Chamber members. Flatbread Pizza served over fifty new customers in the first few days of I Robot's grand opening on Crosby Drive, Bud Koor of Great Road Galleries has framed several prints and Michelle Maurice of Inside Out Staging and Design booked a new client for a redesign. We have distributed approximately 85 business bags and 15 home bags to date and the response from both companies and new home owners has been very positive. Please let the Chamber office know if you get new business from this program. It helps us track what is working for our members.

**The Bedford
Chamber of Commerce, Inc.**

12 Mudge Way
Bedford, MA 01730
Tel. (781) 275-8503
Fax: (718) 275-8501
www.bedfordchamber.org

Office Hours:
Monday, Wednesday, Thursday
8:00 a.m.-2:00 p.m.

President: Lea Ann Knight
Executive Director: Maureen Sullivan



EXHIBITOR RESERVATION FORM

September 12, 2008

Show Date: September 12, 2008
Place: Westin Waltham-Boston Hotel,
70 Third Avenue, Waltham, MA

Exhibit Hours: 11:00 a.m. - 3:30 p.m.
Exhibit Setup: 8:00 a.m. - 11:00 a.m.

Exhibit Pricing: Chamber Member Rate: \$350 (6' Table) \$ 700 (12' Table)
Non-Member Rate: \$500 (6' Table) \$1000 (12' Table)

Please Note: Any Backdrops Must Fit Within the Length of the Tables.

Please Reserve _____ Exhibit Space(s) for Us = _____
+ Optional \$30 Electrical Service, Includes 1 Outlet, Additional Outlets @ \$10 ea. \$ _____
Total Amount Due Bedford Chamber of Commerce \$ _____

Please indicate your affiliation: Waltham West Suburban Bedford Chamber of Commerce

(Total amount due no later than 8/15/2008 to your respective Chamber.

No cancellations after 8/15/2008. (Non-members must guarantee space with pre-payment and this reservation form.)

Organization: _____

Contact: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Tel: _____ Fax: _____

Please mail your check and reservation form to Bedford Chamber of Commerce, 12 Mudge Way Bedford, MA 01730

Major Corporate Sponsors



Media Sponsor



Corporate Sponsors

